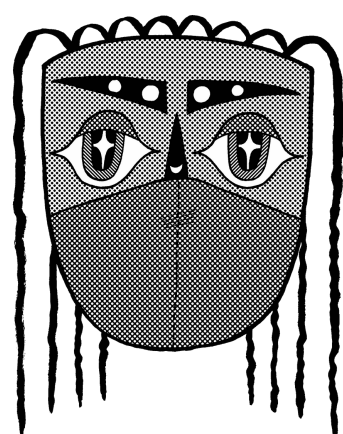


Guidance for CAFN Citizens returning from domestic travel

- You are not required to self-isolate after domestic travel (within Canada)
- After domestic travel, we ask that you please self-monitor for COVID-19 symptoms and get tested if you develop any symptoms. The symptoms of COVID-19 are:
 - fever/chills
 - cough
 - shortness of breath
 - runny nose
 - sore throat
 - loss of sense of taste or smell
 - headache
 - fatigue
 - loss of appetite
 - nausea or vomiting
 - diarrhea
 - muscle aches
- Anyone experiencing symptoms in Whitehorse should call the COVID-19 Testing and Assessment Centre at 867-393-3083 or book online (yukon.ca/covid) to arrange for testing.
- Please continue to follow Yukon's public health guidance.
 1. Maintain physical distancing – keep 2 metres (6 feet) between yourself and people who are not in your social bubble.
 2. Wash your hands frequently with soap and water or use hand sanitizer with at least 60% alcohol.
 3. Stay home if you're feeling sick.
 4. Follow Yukon's safe gathering guidelines.
 5. Travel respectfully to Yukon communities.
 6. Self-isolate when required.+ Wear a mask in all indoor public places and CAFN work spaces.
- If you have questions about testing after travel or COVID-19, you can call CAFN's COVID Coordinator at 335-0440.



CHAMPAGNE AND AISHIHIK FIRST NATIONS