



CHAMPAGNE AND AISHIHIK FIRST NATIONS

In light of the recent losses in our community, we want CAFN citizens, families, and staff to know that grief counselling and emotional support are available.

Support for CAFN Citizens

Northern Focus counsellor Kristen will be available today from 12 pm to 3 pm. at the CAFN Board Room in the Yukon Inn Plaza, where family and community members are gathering. Anyone who would like support is welcome to connect with Kristen there.

For CAFN citizens who would prefer individual counselling support, Northern Focus is also available by call or text anytime at 867-689-1885, or through their brief online intake form:

<https://northernfocus.ca/find-a-counsellor/>

Northern Focus can connect people with counselling support quickly as needed over the coming days.

Support for CAFN Staff

Stacey McDiarmid, Clinical Counsellor – K'änächä Wellness & Counselling, is available to provide grief and counselling support to CAFN staff over the next few days.

Staff can reach Stacey directly at 867-335-6335.

Support for everyone

Hospice Yukon provides compassionate grief and bereavement support, including individual counselling and other grief resources.

867-667-7429

Info@hospiceyukon.net

409 Jarvis Street, Whitehorse

Drop-in hours: Monday to Friday, 11:30 a.m. to 3:00 p.m.

During this difficult time, we encourage our citizens, families, and staff to reach out for support if and when they need it. Please take care of yourselves, your families, and one another.